

# Ten Rules for Being Human

1. You will receive a body.
2. You will be presented with lessons.
3. There are no mistakes, only lessons.
4. A lesson is repeated until learned.
5. Learning does not end.
6. “There” is no better than “here.”
7. Others are only mirrors of you.
8. What you make of your life is up to you.
9. All your answers lie inside of you.
10. You will forget all of this at birth.

*-Chérie Carter-Scott, Ph.D.*